

NOVEMBER 2014

NUTRITION: \$3.00

Drink Choices:
1% Milk
Low Fat Chocolate Milk
Orange Juice

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Eat the Rainbow!	Protein Dairy Choose My Plate.gov				1
2	Bagel w/ Cream Cheese Fruit	Breakfast Burrito Fruit	5 EARLY DISMISSAL Yogurt & Granola Fruit	Cereal Fruit	Strawberry Smoothie Granola	8
9	NO SCHOOL	NO SCHOOL VETERANS' DAY	12 EARLY DISMISSAL Muffin Fruit	Cinnamon Pretzel Fruit	14 Blueberry Smoothie Granola	15
16	Bagel w/ Cream Cheese Fruit	18 Breakfast Burrito Fruit	EARLY DISMISSAL Yogurt & Granola Fruit	Cereal Fruit	Strawberry Smoothie Granola	22
23/30	24/31 Bagel w/ Cream Cheese Fruit	25 Egg Muffinwich Fruit	26 NO SCHOOL	NO SCHOOL THANKSGIVING DAY	28 NO SCHOOL	29

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